

# WINTER 2015/2016 WHOLE CIRCLE FARM CSA INFORMATION

#### WHAT IS COMMUNITY SHARED AGRICULTURE (CSA)?

Community Supported Agriculture allows you, the customer, to be directly connected to us, the farmers. It also allows you to be directly connected to the environment by eating seasonally. The produce we offer is grown on our farm (with the exception of sweet potatoes from a friend) and what is offered to you directly reflects the environment of the season the food was grown. For example, if the winter is harsh, there won't be as much spinach, but if the winter is mild you will get it every pick up!

Our Winter CSA runs for 10 pickups every two weeks from November to March. You will receive flavourful vegetables from our root cellar and fresh spinach from our unheated tunnels. Our newsletter provides recipe ideas, storage information as well as farm photos and updates. Using our highly popular point system you choose the vegetables and the quantities you want for you and your family. Come experience the farm in winter!

#### WINTER 2015/2016

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#### INVESTMENT

Share Size	Investment
Options	(paper/online*)
Small	\$251/\$259
Medium	\$351/\$362
Large	\$431/\$444
X-large	\$481/\$496
Flour	\$40/\$42

<sup>\*</sup>online prices reflect a paypal charge

#### WHAT MIGHT BE IN MY WINTER SHARE?

Early winter tends to provide fresh veggies from the field (depending on the first frosts) like salad greens, brussels sprouts, kale and bok choi. We hope to provide Fresh greens each week from our unheated tunnels and the rest of the share will be fulfilled by veggies from our root cellar (potatoes, garlic, carrots, beets, sweet potatoes, onions, cabbage, winter squashes, etc).

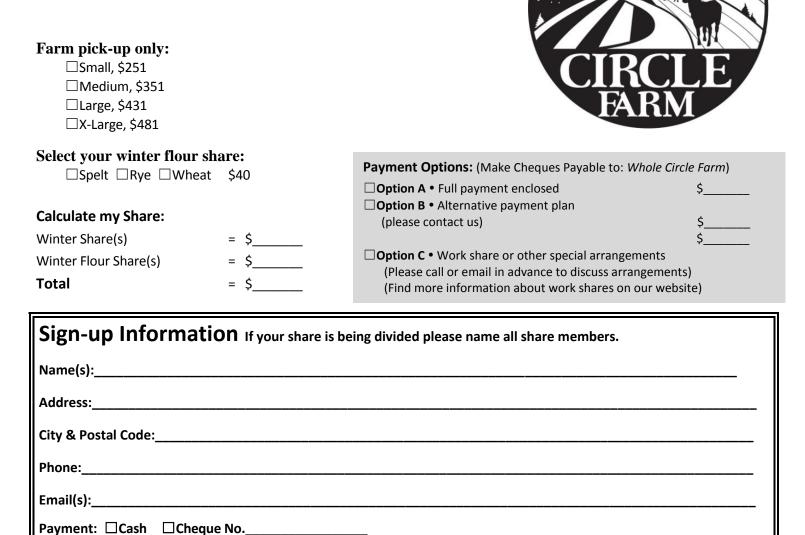
#### **PICKUP LOCATIONS**

PICKUP LOCATIONS
FARM STORE
Every other week
Thursday
2pm-7pm
Winter CSA pick up dates:
Nov 5, Nov 19, Dec 3, Dec 17, Dec31, Jan 14, Jan 28, Feb 11, Feb 25, Mar 10

### FLOUR SHARES FRESHLY STONE GROUND GRAINS

Flour CSA members get a 10% discount below market rates! Members of the Flour CSA pick up their share at the same times and locations as the veggie CSA. You receive 1kg of your choice of flour each week (multiple shares can be purchased). Choose from Wheat or Spelt from Farmer Friends or Rye from Whole Circle Farm.

## WINTER 2015/2016 WHOLE CIRCLE FARM CSA REGISTRATION



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